

CanPitch Clinic

Softball Alberta and Softball Canada has launched its new national pitching program after Softball Canada put together a group of internationally acclaimed pitchers to discuss this area of the game and developed a pitching curriculum based on its Long-Term Player Development Model. Refer to <http://www.softballalberta.ca/programs> for more information.



West Valley Softball will be hosting Calgary's first clinic. Our Trained CanPitch instructor is Shannon Schurman. Shannon is a physical education instructor at Bowness High School and an experienced pitcher. As minor leaguer, Shannon played in Provincial and Western Canadian Championships. She is currently playing at Masters Level where her team has medaled three times in the World Master Games.

CanPitch is step by step program focused on developing the correct technique. Of the ten week program, at least 6 weeks will be lead by Shannon as she guides you through the progressive steps. The remaining weeks will allow for practise sessions.

Pitchers must supply their own catchers. There will be ten sessions held at St. Dominic School starting January 18 running to March 21. Each session is limited to ten participants. We are only planning two clinics, with the younger players at 6:30 to 7:30 and the older players at 7:30 to 8:30. The cost is \$165 per player.

Please call Sherry at Silver Springs Community Centre at 403-288-2616 to register. Registrations are only confirmed when paid and a maximum of 20 players will be accepted.

